

# Math Study Planner

Plan your weekly math practice. Fill in each day to build a consistent study habit.

Name \_\_\_\_\_

Week of \_\_\_\_\_

Goal for this week \_\_\_\_\_

Day	Topic	Mins	Review?	Notes
Mon	_____	_____	_____	_____
Tue	_____	_____	_____	_____
Wed	_____	_____	_____	_____
Thu	_____	_____	_____	_____
Fri	_____	_____	_____	_____
Sat	_____	_____	_____	_____
Sun	_____	_____	_____	_____

## Weekly Habits

- Reviewed previous mistakes
- Practiced without looking at notes
- Explained a concept to someone
- Completed all planned sessions
- Identified areas to focus on next week

Consistency beats cramming. Even 20 minutes of focused practice daily is more effective than 3 hours the night before.